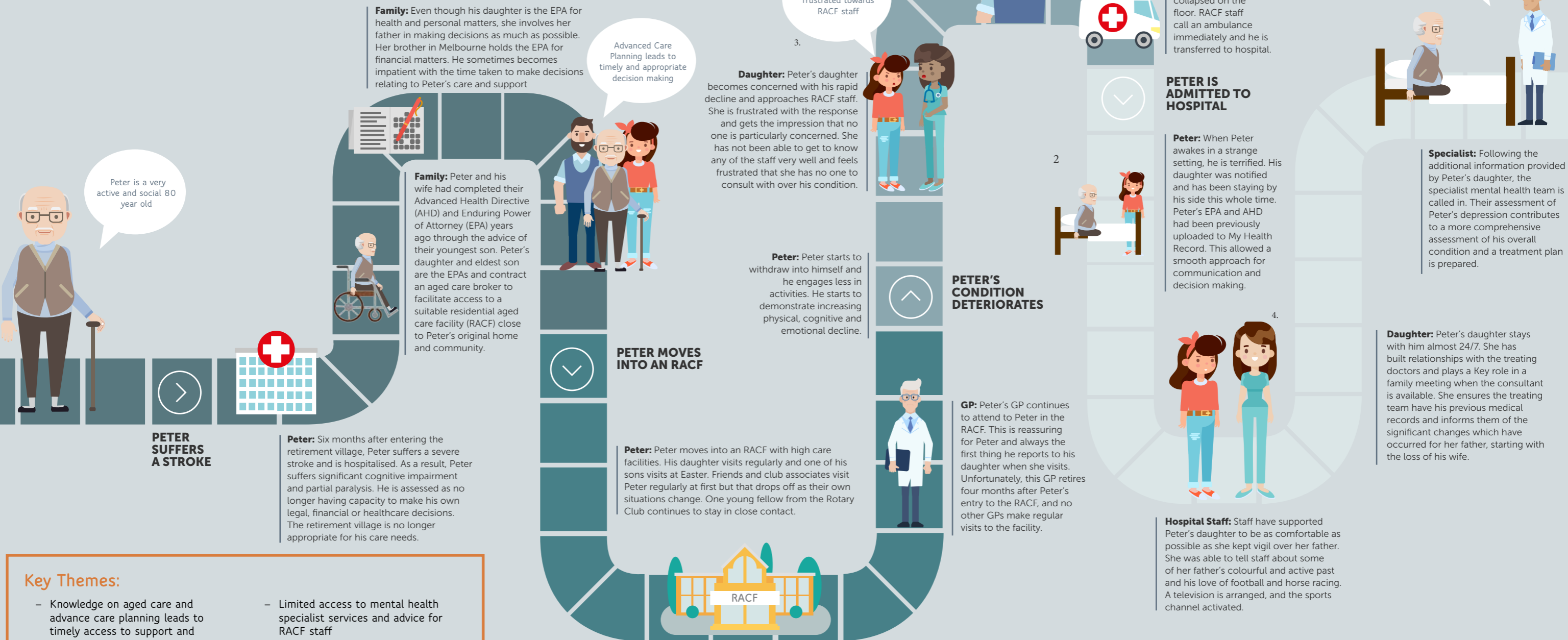


# Peter's journey

Peter is 80 years old and has moved to a retirement village unit after the death of his wife. It was a difficult transition to move from their home of 50 years. Peter is supported by his family, especially his daughter who lives on the Gold Coast. He is a long-standing member of the local Lions Club and the golf club and continues to enjoy an active life. Peter's daughter supports him to arrange for some paid weekly cleaning. He visits and dines with friends and family and loves looking after his youngest grandchild every Thursday. He regularly attends the general practitioner (GP) he and his wife have used for the last twenty years.



## Key Themes:

- Knowledge on aged care and advance care planning leads to timely access to support and appropriate decision making
- Staffing numbers and skill levels (clinical and social) in RACF can make a significant impact to care on a daily basis as well as during an emergency
- RACF staff require adequate training and support to understand the ageing process and the impact of loss, disability and grief
- Limited access to mental health specialist services and advice for RACF staff
- Having advocates in both the RACF and hospital setting makes a significant difference in effectively assessing a person's condition and developing a comprehensive care plan